

10TH ANNIVERSARY!!!



Highlights!!!!

- One of the nations longest standing lacrosse tournaments-celebrating 10 years!!!!
- Championship format, and awards will be given to all Champions and Finalists in ALL divisions
- Over 100 teams participated in 2009
- 4 full length games
- In 2009 NCAA DI, II, and III college coaches were in attendance

Girls Divisions

Senior A (Graduation Yrs 2011, 2012)

Senior B (Graduation Yrs 2013, 2014)

Middle School (Graduation Yrs 2015, 2016)

TOURNAMENT INFORMATION:

Fees:

(ALL FEES ARE NON-REFUNDABLE!)

Senior A & B = \$1375

Middle School = \$1300

*Note: Team rosters must include a minimum of 15 players

Tournament Dates and Times (All Divisions)

- **Fri. (7/09) 6pm-9pm; Sat. (7/10) 8am-9pm and Sun. (7/11) 8am-6pm**
- Friday Evening games may be played. Please notify the director if you **CANNOT** play Friday evening otherwise you may be scheduled.
- **IMPORTANT** – Mandatory Registration Friday Night (7/09). A representative from each team **MUST** check in at USTC between 4-9pm to discuss any schedule changes, update necessary paperwork and to provide all local contact information. A coach/manager must verify roster and waiver forms. Any players with **missing waivers** will be **disqualified**. Please schedule travel plans accordingly.
- One registration form per team. Clubs with multiple teams must use a separate form for each team

Tournament Hotel Accommodations

- ALL hotel reservations must be made through the Chester County Conference and Visitors Bureau "CCCVB". Blocks of rooms have been reserved for this tournament. Any team that does not make their reservations through the CCCVB will not be accepted into the Girls Upper Atlantic
- To make team reservations please visit the website at <http://www.cccvb.org> or call 1-800-228-9933.

REGISTRATION PROCEDURES:

- 1) The application must be completed in its entirety!
- 2) A **non-refundable** team deposit of \$500 will be accepted on first come, first serve basis to reserve your spot.
- 3) The Application and \$500 deposit must be received by **April 2, 2010, along with your \$150 forfeit check.**
- 4) A **non-refundable** \$875 payment must be sent in by **June 4th** for the Senior A & B Divisions, and \$800 for the Middle School - along with a **completed team roster** and **signed UNITED SPORTS WAIVER** for each player (or completed online)
- 5) **Make checks payable to:**
United Sports Training Center
1426 Marshallton – Thorndale Rd.
Downingtown, PA 19335
- 6) ALL players must be rostered ONLINE by:
Wednesday, June 23, 2010

****Please note: Players names will NOT be in the tournament program or Coaches Book if registered after this date!!!

IMPORTANT DATES:

Application & Deposit Due:	April 2nd
Balance Deadline:	June 1st
Accommodation Sheet Due:	June 1st
Acceptance List Posted:	June 8th
Online Rosters & Waivers Due:	June 23rd
Schedules Posted:	June 29th
Mandatory Registration:	July 9th

RULES of Play:

USLacrosse Women's Rules will be used for Senior A & B Divisions. USLacrosse Youth A rules will be used for the Middle School Division.

DURATION OF GAME: All games have 2 x 25 minute halves running clock. There are 5 minutes before the start of each game. There will be **NO TEAM TIMEOUTS DURING ANY GAME**. A central horn will be used to start and stop games. Teams are urged to be ready to play at the start of the horn. Referees have the authority to start or end a half early to keep the games on schedule. (See below).

SUBSTITUTIONS: Substitutions will be according to USLacrosse rules.

ROSTERS: All rostered players **REQUIRED** to be USL members and have a current USL membership number. (www.uslacrosse.org) In the spirit of the tournament, no players should be double rostered. Only those players listed on rosters should be playing on the team. Players who are under the grade requirement for a division may play up, but players above the grade requirement may not play down a division. If you are not a current member of US Lacrosse, one may join at the time of registration. Forms will be available. **Rosters MUST be submitted by the deadline. Players registered after the deadline will NOT make print in the program or Coach's Book.**

PLAYERS EQUIPMENT: It will be at the officials' discretion to determine the safety and suitability of player equipment including the wearing of an orthopedic cast or hard brace. Mouth guards and all other regulated equipment mandatory for all players.

COACHING: All Coaches have total responsibility for the conduct of their players, substitutes, friends and spectators at all times. Coaching from the sideline (giving direction to one's own team on points of strategy and position) is permitted, provided:

- ◆ The tone of the voice is instructive and not derogatory;
- ◆ Each coach or substitute remains on their own half of the field between the substitution area and the end line.
- ◆ No coach, substitute, or spectator makes derogatory remarks or gestures to the umpires, other coaches, players, substitutes, or spectators;
- ◆ No coach, substitute, or spectator uses profanity or incites, in any manner, disruptive behavior.

YELLOW AND RED CARDS: A player receiving a yellow card will be suspended from play for 3 minutes. Time will be documented and kept with the Field Marshall at each field. During this time, their respective team will play down a player. A player or coach receiving two yellow cards in a single game is considered to have been given a red card. A player or coach who has been ejected will not be allowed to participate in the next scheduled game. A player or coach who is ejected for **violent conduct** or **serious foul play (Red Card)** may be subject to not participating in the remainder of the tournament. Any player or coach who assaults another will be expelled from the tournament. Ejections are determined by the referees; expulsions by the tournament directors.

SUSPENDED AND TERMINATED GAMES: If in the opinion of game officials, a game must be suspended for any reason the game may be resumed but is subject to being ended not less than five (5) minutes prior to the scheduled start of the next game. If in the opinion of game officials, a game must be terminated for misconduct of players, bench coaches, or spectators, the offending team could be suspended from further play and forfeits that game and all remaining games.

OVERTIMES: No overtimes except in the Semi-final and Final games. Point system will be used to figure out standings at end of pool play.

INJURY: Delays of the game due to injury may result in shortened game times. All games must end 5 min prior to the next scheduled game on that field. Ice for injuries will be placed at the center of each sideline. Field Marshals will be assigned to each field and can summon the trainer to your field in case of injury or emergency.

FIRST AID: All teams will be expected to have first aid kits for minor injuries – band aides, etc. Trainers/EMT's are available for emergency situations as needed. Players needing to be taped must provide their own tape! Emergency personal may charge for this service. It is not required that they tape athletes, all decisions will be left to the emergency personal on duty.

HOME TEAM: The Home Team will be the team that appears first on the game schedule. The Home Team will be required to switch to alternate jerseys/or wear pinnies to accommodate a color conflict as declared by the umpire. If the Home Team cannot supply alternate jerseys, the Visitor Team will change. The Home Team should be on the Left Bench when facing the field. Teams are on the SAME SIDE. Spectators are opposite the bench areas.

FORFEITS: Teams failing to report to assigned games will not be invited back next year.

INCLEMENT WEATHER: Teams should check our weather hotline before leaving for United Sports in case there are any field changes due to weather conditions: **610-466-9744**. 3 long blasts of the airhorn = LIGHTNING... clear all playing fields IMMEDIATELY. Players, Coaches, and Spectators should go to their cars. We must have 20 min. of NO Lightning, before returning to fields. All teams should be prepared to play as soon as weather clears and fields are playable.

In the event of adverse weather or un-playable field conditions the Tournament Director reserves the right to:

- Reduce game times in order to get games in or catch up with the schedule
- Finish game before inclement weather arrives to ensure the safety of participants, and to preserve field conditions

In the event games are canceled, due to adverse weather conditions, there may be a portion of your registration fee refunded.

DISPUTES: All disputes will be settled by the Tournament Director or his/her designee and the decision will be final.

For Additional Information Contact:

****Tournament Director:** rchambers@unitedsports.net

United Sports
1426 Marshallton – Thorndale Rd.
Downingtown, PA 19335
Phone: (610) 466-7100
Fax: (610) 466-9314
Website: www.unitedsports.net



2010 UPPER ATLANTIC GIRLS APPLICATION

TEAM INFORMATION

Club/Team Name: _____
Division: (Circle) SR A SRB Middle _____
Official Team City: _____
Official Team State: _____
Website: _____

TEAM COLORS

Primary Jerseys: _____
Alternate Jerseys: _____

HEAD COACH

First Name: _____
Last Name: _____
Address: _____
City: _____
State: _____
Zip: _____
Day Phone: _____
Evening Phone: _____
Mobile Phone: _____
Fax: _____
Email: _____

MANAGER

First Name: _____
Last Name: _____
Address: _____
City: _____
State: _____
Zip: _____
Day Phone: _____
Evening Phone: _____
Mobile Phone: _____
Fax: _____
Email: _____

TOURNAMENT CONTACT: _____ Coach _____ Manager

CONTACT for PROGRAM BOOK: _____ Coach _____ Manager

***NOTE: This is the person who will be placed in the program and player rosters**





Tournament Policy Acceptance

(Need to sign below in order to be accepted into the tournament)

HOTEL POLICY

***Girls Upper Atlantic (GUA) is requiring all tournament teams and participants to reserve rooms through the designated registration system. Visit www.unitedsports.net for details.

*****Teams not following this procedure will not be considered for tournament acceptance.** In addition, rooms are non-commissionable to travel agencies or 3rd party reservation companies. GUA has taken the initiative and secured rooms at local "team friendly" hotels. By doing this GUA has guaranteed tournament participants room availability at top quality hotels with competitive prices, great proximity to playing fields, and team oriented amenities.

ROSTERING POLICY

***All rostered players are **required** to be USL members and have a **current USL membership number**.

***No players will be permitted to be double rostered. Only those players listed on rosters will be allowed to play on the team.

***Players who are under the grade requirement for a division may NOT play up.

***There is a minimum of 15 players and maximum of 24 on a roster

*****Rosters MUST be submitted by the deadline: June 23, 2010. If rosters are not in or there are late additions, your forfeit check will be kept! Roster submissions after the above deadline will NOT make the program or college rosters!!!!**

REFUND POLICY

All fees are non-refundable.

WEATHER POLICY

***In the event of inclement weather, the GUA reserves the right to alter schedules and playing time and/or cancel any and all games impacted. There may be a portion of your registration fee refunded. A Refund Request form, must be submitted within 2 weeks after the scheduled games. Refund Request Form can be found on tournament website.

_____ (Please Check) I accept all tournament policies and procedures

(Signature of Club/Team Coach or Administrator)

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REFERENCE APPLICATION

The Reference Application will better provide the Tournament Committee with a detailed overview of your team's stature. The purpose of this section is to provide a more equal and fair schedule for each team. Please fill it out completely.

This team competes at this level of competition offered (circle one):

Lowest _____ Highest
 Level 1 Level 2 Level 3 Level 4 Level 5

Outdoor Summer Tournaments

Tournament Name	Record	Standing	Schedule Ranking (1-5)
Example: Upper Atlantic	7-1-1	2 nd Place Ultimate Division	4

PAYMENT INFORMATION

HOW TO PAY: We accept credit card or check. Please complete one of the following.

1. CREDIT CARD (Circle One): Visa MasterCard Discover

Card Number: _____

Amount: \$ _____

Exp: _____ CID #: _____ (3 digit # on the back of the card)

Signature of Card Holder: _____ Print Name: _____

2. CHECK # _____ Amount: \$ _____

All checks should be made payable to USTC and mailed to:

United Sports Training Center
 1426 Marshallton-Thorndale Road
 Downingtown, PA 19335
 Fax: 610-466-9314

