

## EASTERN FIELD HOCKEY DAY CAMP 2010

is a new program designed to introduce young athletes to an Olympic Sport. We offer an atmosphere of fun and fitness for girls to learn to love the game.

Our outstanding coaches are recruited for their training experience and enthusiasm. Eastern Field Hockey Day Camp teaches girls the basic skills of the game and teamwork.

## GOAL KEEPING ACADEMY

Try on the Goal Keeping equipment and see if you like it! Individual and small group training with emphasis on footwork, conditioning and defensive strategies.



Campers receive a camp shirt, prizes and lots of fun!



EASTERN FIELD HOCKEY DAY CAMP 2010  
1426 Marshallton-Thorndale Road  
Downingtown, PA 19335



# EASTERN FIELD HOCKEY DAY CAMP 2010

*located at the Hill School*

Girls  
Ages 8-12



**July 19 - 22**

**July 26 - 28**

**9:00am - 3:30pm**

**Extended Hours Available**

[www.easternfieldhockeycamp.com](http://www.easternfieldhockeycamp.com)

**Eastern Field Hockey Day Camp**

*Located at the Hill School*

**717 East High Street  
Pottstown, PA 19464**

Phone: 610-466-9747

email: [easternfhcamp@yahoo.com](mailto:easternfhcamp@yahoo.com)



RELEASE AND WAIVER OF  
LIABILITY AGREEMENT

[www.easternfieldhockeycamp.com](http://www.easternfieldhockeycamp.com)

**REGISTRATION**  
EASTERN FIELD HOCKEY DAY CAMP 2010  
*Located at the Hill School*

I hereby release and discharge EASTERN FIELD HOCKEY CAMP, UNITED SPORTS ("US"), its agents, employees, staff members, directors, and officers from any claims, responsibilities or liabilities for injuries or harm incurred as a result of my participation and/or my child's participation as a player or spectator during her stay at camp.

I fully understand that: these activities involve risks and dangers of serious bodily injury, ("RISKS"); these Risks and dangers may be caused by my own actions or inaction's, the actions or inaction's of others participating in the activity, the condition in which the activity takes place, or the negligence of the "RELEASEES" named below; there may be other risk and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation or that of the minor in the Activity.

I authorize Eastern Field Hockey Camp, United Sports, its agents, employees, staff members, directors and officers to take whatever action is necessary, in their best judgment, in an emergency and I hereby release and discharge Eastern Field Hockey, United Sports, its agents, employees, staff members, directors and officers from any responsibility or liability related thereto. I hereby grant permission to Eastern Field Hockey Camp, United Sports, DTG Enterprises, and Pottstown Hospital, to administer proper treatment for this registrant.

I certify that the participant is in good health and able to participate in all camp activities.

I give permission to use my and/or my child's name, picture or likeness in any printed media or any form of advertisement. I fully renounce any and all claims upon Eastern Field Hockey Camp and United Sports for reimbursement for use of this material.

Health Insurance Co: \_\_\_\_\_

Policy #: \_\_\_\_\_

Name of Primary Insured: \_\_\_\_\_ Exp: \_\_\_\_\_

Health Issues: \_\_\_\_\_  
(Meds/Allergies)

Signature: \_\_\_\_\_ Date \_\_\_\_\_

**DAILY SCHEDULE**

7:30—9am Extended Care  
9:00am Warm-Up: Stretch & Individual Skills  
10:00am Fun Circuit  
11:00am Small Group Skills & Games  
12:00pm Lunch - Buffet Lunch - Hill School Dining Hall  
12:45pm Free Swim in Pool  
1:00pm Warm-Up: Stretch & Review Morning Skills  
1:30pm Individual Skills & Drills  
2:00pm Small Group Skills & Games  
3:30pm \*\*Day Camp Ends  
3:30—5pm Extended Care

\*\*Session I Day Camp ends July 22 at 12pm  
\*\*Session II Day Camp ends July 28 at 3:30pm

**REQUIRED EQUIPMENT**

Hockey Stick, Mouthguard, Shinguards, water jug

**WELCOME TO FIELD HOCKEY STARTER KIT:**

Includes stick, mouthguard & shinguards  
Preorder, pick up at camp \$40.00

Check out our other Field Hockey & Day Camps  
Located at United Sports in Downingtown, PA  
[www.unitedsports.net](http://www.unitedsports.net)

**REFUND POLICY**

All requests for cancellation must be made in writing two weeks prior to the start of camp. All monies paid with the exception of a \$195 deposit will be refunded in the form of a credit that can be used toward Eastern Field Hockey Camp during another session or any United Sports Program. No refunds of any kind will be granted if cancellation is made less than two weeks prior to the start of camp, regardless of the nature of the cancellation.

**July 19—July 22** \$ 245.00\*

**July 26—July 28** \$ 210.00\*

**Pre Camp: 7:30-9:00am** NO CHARGE

**Post Camp: 3:30-5:00pm** NO CHARGE

**Welcome to Field Hockey Starter Kit** \$ 40.00  
Stick, Mouthguard & Shinguards

**TOTAL**

*\*Lunch Included*

**ALL BALANCES DUE JUNE 15**

\$20 Early Registration Discount if balance is paid in full by January 31,2010  
\$25 Late fee for all balances not paid in full by June 15, 2010

NAME: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

Home #: \_\_\_\_\_ Adult Cell: \_\_\_\_\_

School: \_\_\_\_\_ Age/Grade(Fall 09): \_\_\_\_\_

Adult email: \_\_\_\_\_

*Required for Receipts & All Correspondence*

VISA  MASTERCARD  DISCOVER

CC #: \_\_\_\_\_ Exp. \_\_\_\_\_

CHECK

REGISTER ONLINE:  
[www.easternfieldhockeycamp.com](http://www.easternfieldhockeycamp.com)

Mail with \$195 Non-Refundable Deposit to:  
**Eastern Field Hockey Day Camp 2010**  
1426 Marshallton-Thorndale Road  
Downingtown, PA 19335



Eastern Field Hockey Camp is a Division of United Sports