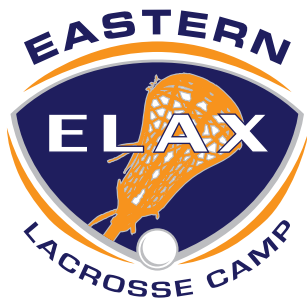


# EASTERN LACROSSE CAMP 2010

## OVERNIGHT & COMMUTER CAMP

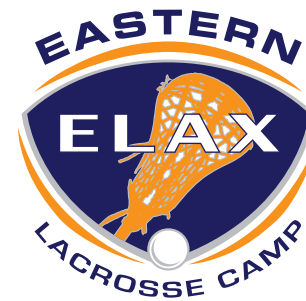


July 19 - July 22

Located at The Hill School  
Pottstown, PA 19464

Director - Lauren Gallagher Wray  
Coach - Amy Umbach Bokker  
Coach - Gina Oliver  
Coach - Brooke Crawford Record

Phone: 610-466-7100  
Fax: 610-466-9314



GRADES 7 - 12  
EXCELLENT COMPETITION  
SKILLS SESSIONS & TOURNAMENT PLAY



### CAMP LOCATION –

717 E. High St., Pottstown, PA 19464

The Hill School is an elite suburban boarding school with excellent facilities located in Pottstown, PA – 15 miles from King of Prussia. The camp is easily accessible from Philadelphia, NJ, NY, MD, DE and VA. See website for detailed directions.

### FACILITIES –

Eastern Lacrosse Camp offers 14 natural grass fields, indoor areas in case of inclement weather, comfortable living in dormitories, complete with air conditioned lounge, game room, TV, microwave, refrigerator, swimming pool and tennis courts. A resident chef offers great food and selected menus. 24 hr. on-campus security.

### FEATURED 2010 DIRECTOR & COACHES –

Eastern Lacrosse Camp prides itself with providing local athletes/coaches who have achieved All-American honors and top international honors as players.

**CAMP DIRECTOR – LAUREN GALLAGHER WRAY (DUKE '03):** Local Henderson graduate and **All-American co-captain at Duke University** from 1999-2003. She acted as an undergraduate assistant with the team for the 2003-2004 season while finishing up her degree in Mechanical Engineering and Economics. Wray also spent three years as a member of the U.S. Developmental Squad while in college. **Lauren is currently Asst. Coach at DI Temple University.** Previously, she was the Head Coach of DIII, Cedar Crest College in Allentown, PA in 2009 and the Assistant Coach at Lafayette University from 2007-08.

**COACH – AMY UMBACH BOKKER (Wm & Mary '95):** A Phoenixville High School grad, Amy is the **Head Coach at Stanford University.** She was a two-time All-CAA first-team choice at William and Mary, where she also played field hockey. Bokker also serves as the **Assistant Coach to the US National Team.** Bokker was Head Coach of George Mason for 11 years prior to going to Stanford.

**COACH – GINA OLIVER (OHIO STATE '05):** Pottstown, PA native and graduate of Pottstown High School. Gina was named to the **All-World Team at the 2009 World Cup** where Gina competed with the U.S. World Cup Team that won gold in June. Stand-out midfielder at Ohio State (2002-2005), Gina enters her third season as **DI Duquesne University's defensive coordinator.** As a player, Oliver earned All-America honors three times.

**COACH – BROOKE CRAWFORD RECORD (UNC '99):** A Great Valley High School graduate, Brooke is a former DI player (UNC-Chapel Hill) and **6 year DI coach (UConn, JMU, & Notre Dame).** While at UNC, Brooke was a **three-time IWLCA/Brine All-American.** Brooke was a member of the US Developmental Squad from 1997 to 2003. Brooke is currently the Director of Lacrosse Instruction at United Sports in Downingtown.

**\*Additional staff will be made up of collegiate coaches and players who have roots in the Philadelphia region.**

[www.unitedsports.net/instruction/eastern-lacrosse-camp](http://www.unitedsports.net/instruction/eastern-lacrosse-camp)

### 2010 EASTERN LACROSSE CAMP RATES

#### Team Rates:

**12 or more campers: \$360.00 per person**  
**12 or more commuters: \$235.00 per person**

#### Individual Rates:

**Resident Camper: \$375.00**  
**Commuter: \$250.00**

#### REGISTER EARLY! SESSION FILLS FAST!

\$150 deposit required to hold spot.

Balance due by June 15.

Add \$25 late fee for all accounts not paid in full by June 15.

### REFUND POLICY

All requests for cancellation must be made in writing two weeks prior to the start of camp. All monies paid with the exception of a \$150 deposit will be refunded in the form of a credit that can be used toward any United Sports Training Center Program. No refunds of any kind will be granted if cancellation is made less than two weeks prior to the start of camp, regardless of the nature of the cancellation. **NO EXCEPTIONS**

APPLICATION FORM

REGISTER EARLY

Return with deposit to: EASTERN LACROSSE CAMP
Register online at www.unitedsports.net/instruction/eastern-lacrosse-camp
ALL CONFIRMATIONS WILL BE SENT VIA EMAIL

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ GRADE ENTERING IN FALL: \_\_\_\_\_
ADDRESS: \_\_\_\_\_
CITY/STATE/ZIP: \_\_\_\_\_
HOME PHONE: \_\_\_\_\_ ADULT CELL PHONE: \_\_\_\_\_
CAMPER EMAIL (MANDATORY): \_\_\_\_\_
ADULT EMAIL (USED FOR ALL COMMUNICATIONS - MANDATORY): \_\_\_\_\_
SCHOOL: \_\_\_\_\_ SCHOOL COACH: \_\_\_\_\_
EXPERIENCE:  M.S  J.V.  VARSITY POSITION: \_\_\_\_\_
PLEASE CHECK ONE:  COMMUTER  RESIDENT
T-SHIRT SIZE:  S  M  L  XL
 CHECK  VISA  MASTERCARD  DISCOVER CARD# \_\_\_\_\_ EXP DATE: \_\_\_\_\_

Medical waiver must be submitted to complete registration.
Forms available on website.
Send application with \$150.00 non-refundable deposit to BUSINESS OFFICE:
EASTERN LACROSSE CAMP
1426 Marshallton – Thorndale Rd., Downingtown, PA 19335
Balance due by June 15, 2010. \$25 late fee after June 15.

GOALKEEPING ACADEMY
Specialized individual instruction is given to all goalies, with an emphasis on technique, conditioning & footwork. Goalies return to their teams for evening scrimmages & tournament play. A written evaluation is given to each goalkeeping camper.

TEAM GROUPS or INDIVIDUALS
We welcome teams, individuals & goalkeepers. We encourage full teams to sign-up and invite coaches to attend at no cost. All resident campers will be supervised by College Coach Counselors in the dorms.

CHECK IN/CHECK OUT TIMES
Campers are to arrive between 11:00am and 1:00pm on opening day. Camp ends on the closing day at 1:00pm. See website for schedule.

ROOMMATES
Requests will be honored subject to room availability.

MEALS
First meal is dinner on opening day and the last meal is breakfast on closing day.

MEDICAL
A trainer resides at camp & medical facilities are within 2 mi.

EQUIPMENT
Lacrosse sticks, mouth guards, eye guards and large water jugs are mandatory.

DISCOUNTS
SIBLING: Deduct \$10 for each child after the 1st; children must register at the same time.

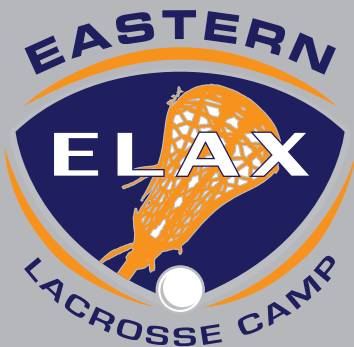
REFERRAL PROGRAM: Receive \$20 off for you and a friend who is a new customer to United Sports. Registration forms must be submitted at the same time for processing.

I am referring: \_\_\_\_\_

I was referred by: \_\_\_\_\_



EASTERN LACROSSE CAMP
1426 Marshallton – Thorndale Rd.
Downingtown, PA 19335



Eastern Lacrosse Camp



Featured Coach:
Gina Oliver (Ohio State '05)