



Over 40 Soccer Rules

Number of Players: Turf Rink 6 v 6 (5 + Goalie)

Substitution: Permitted on the fly

Kick-Ins: Kick ins on all balls out of play. Kick ins must stay below the waist with the exception of goal kicks and corner kicks

Off-Sides: The off-sides rule is not in effect.

Touchline: Turf rinks will be playing with touchlines, the ball is out of play when it completely crosses the line

Standings are not kept for this league, in the event a team is short players, players from other teams can play.

Each week there is a ghost team game, all players are invited to play in that game.